

---

Graduate Certificate in Application of AI in Radiation Oncology

## Radiation Oncology Principles

---

### 1. Artificial Intelligence (AI)

AI refers to the simulation of human intelligence processes by machines, especially computer systems. These processes include learning (the acquisition of information and rules for using the information), reasoning (using rules to reach approximate or definite conclusions), and self-correction. AI applications in radiation oncology include automated treatment planning, image segmentation, and outcome prediction.

### 2. Deep Learning

Deep learning is a subset of AI and machine learning that uses neural networks with many layers to model and analyze complex patterns in large data sets. In radiation oncology, deep learning algorithms are used for image analysis, treatment planning, and outcome prediction.

### 3. Machine Learning

Machine learning is a type of AI that enables a system to automatically learn and improve from experience without being explicitly programmed. In radiation oncology, machine learning algorithms are used for image analysis, treatment planning, and outcome prediction.

### 4. Radiation Oncology Principles

Radiation oncology principles refer to the fundamental concepts and techniques used in the treatment of cancer with ionizing radiation. These principles include dose calculation, treatment planning, image guidance, and quality assurance. Radiation oncologists use these principles to deliver precise and effective radiation therapy to cancer patients.

### 5. Dose Calculation

Dose calculation is the process of determining the amount of radiation delivered to a specific target volume and surrounding normal tissues during radiation therapy. Accurate dose calculation is essential to ensure the desired treatment outcome while minimizing the risk of side effects.

### 6. Treatment Planning

Treatment planning is the process of designing a radiation therapy treatment regimen for a cancer patient based on the tumor location, size, and type, as well as the patient's overall health and treatment goals. Treatment planning involves determining the optimal dose, fractionation schedule, and beam arrangement to deliver the prescribed dose to the target while sparing nearby healthy tissues.

### 7. Image Guidance

Image guidance is the use of imaging techniques such as CT, MRI, and PET scans to visualize the tumor and

surrounding anatomy before and during radiation therapy. Image guidance helps radiation oncologists accurately target the tumor and adjust the treatment plan as needed to account for changes in the patient's anatomy.

#### 8. Quality Assurance

Quality assurance in radiation oncology refers to the processes and procedures implemented to ensure that radiation therapy equipment, treatment planning systems, and treatment delivery techniques meet established standards for safety and effectiveness. Quality assurance measures include equipment calibration, treatment plan verification, and regular checks of treatment delivery accuracy.

#### 9. Intensity-Modulated Radiation Therapy (IMRT)

IMRT is a type of external beam radiation therapy that uses computer-controlled linear accelerators to deliver precise radiation doses to a tumor or specific areas within the tumor. IMRT allows radiation oncologists to adjust the intensity of the radiation beams and vary the dose across the treatment field, maximizing dose to the tumor while minimizing dose to surrounding healthy tissues.

#### 10. Volumetric Modulated Arc Therapy (VMAT)

VMAT is an advanced form of IMRT that delivers radiation in a continuous arc around the patient, allowing for more efficient dose delivery compared to traditional IMRT techniques. VMAT uses a rotating gantry to modulate the intensity of the radiation beams as they move around the patient, delivering a highly conformal dose to the tumor while reducing treatment time.

#### 11. Stereotactic Body Radiation Therapy (SBRT)

SBRT is a specialized form of external beam radiation therapy that delivers high doses of radiation to small, well-defined targets in the body over a few treatment sessions. SBRT is used to treat tumors in areas such as the lung, liver, spine, and prostate with extreme precision, minimizing damage to surrounding healthy tissues.

#### 12. Stereotactic Radiosurgery (SRS)

SRS is a non-invasive form of radiation therapy that delivers a high dose of radiation to a specific target in the brain or spine in a single session or a few fractions. SRS is used to treat brain tumors, arteriovenous malformations, trigeminal neuralgia, and other conditions with sub-millimeter accuracy, sparing nearby critical structures.

#### 13. Brachytherapy

Brachytherapy is a form of radiation therapy in which radioactive sources are placed directly inside or near the tumor to deliver a high dose of radiation while minimizing exposure to surrounding healthy tissues. Brachytherapy can be used to treat various cancers, including prostate, cervical, breast, and skin cancer.

#### 14. Image-Guided Brachytherapy

Image-guided brachytherapy is a technique that combines brachytherapy with advanced imaging

technologies such as CT, MRI, and ultrasound to precisely target the tumor and optimize the radiation dose distribution. Image-guided brachytherapy is commonly used to treat gynecologic, prostate, and head and neck cancers.

#### 15. Adaptive Radiation Therapy

Adaptive radiation therapy is a treatment approach that involves modifying the radiation therapy plan during the course of treatment based on changes in the tumor size, shape, and location, as well as the patient's anatomy. Adaptive radiation therapy allows radiation oncologists to adjust the treatment to account for daily variations and improve treatment outcomes.

#### 16. Radiomics

Radiomics is a field of study that involves extracting quantitative features from medical images, such as texture, shape, and intensity, to predict treatment response, tumor aggressiveness, and patient outcomes. Radiomics analysis can help radiation oncologists personalize treatment plans and monitor treatment response in real-time.

#### 17. Dosimetry

Dosimetry is the measurement and calculation of the absorbed dose of radiation delivered to a specific target volume and surrounding healthy tissues during radiation therapy. Dosimetry plays a critical role in ensuring the safe and effective delivery of radiation treatment by optimizing the dose distribution to maximize tumor control and minimize toxicity.

#### 18. Biologically Effective Dose (BED)

BED is a concept used in radiation oncology to compare the biological effects of different radiation doses and fractionation schedules on tumor cells. BED takes into account the dose per fraction, overall treatment time, and tumor cell sensitivity to radiation, allowing radiation oncologists to predict treatment outcomes and optimize treatment regimens.

#### 19. Equivalent Dose (EQD2)

EQD2 is a calculation used in radiation oncology to compare the biological effects of different radiation doses and fractionation schedules by accounting for differences in dose per fraction and overall treatment time. EQD2 is based on the linear-quadratic model of cell survival and is used to estimate the equivalent dose of a given radiation regimen in 2-Gy fractions.

#### 20. Linear Accelerator (LINAC)

A linear accelerator is a machine used to produce high-energy x-rays or electrons for external beam radiation therapy. LINACs deliver radiation to the tumor from multiple angles, allowing radiation oncologists to precisely target the tumor while sparing nearby healthy tissues. LINACs are the most commonly used machines for delivering radiation therapy.

#### 21. Treatment Delivery Techniques

---

Treatment delivery techniques refer to the methods used to administer radiation therapy to cancer patients, including 3D conformal radiation therapy, IMRT, VMAT, SBRT, and brachytherapy. Each technique has unique advantages and limitations in terms of dose distribution, treatment time, and side effects, allowing radiation oncologists to tailor treatment plans to individual patient needs.

#### 22. Treatment Response Assessment

Treatment response assessment is the process of evaluating the tumor's response to radiation therapy based on changes in tumor size, shape, and metabolic activity observed on imaging studies such as CT, MRI, and PET scans. Treatment response assessment helps radiation oncologists monitor treatment effectiveness, adjust treatment plans as needed, and predict patient outcomes.

#### 23. Radiobiology

Radiobiology is the study of the biological effects of ionizing radiation on living organisms, including cells, tissues, and organs. Radiobiological principles guide radiation oncologists in optimizing treatment regimens to maximize tumor control while minimizing normal tissue toxicity. Radiobiology also plays a role in understanding the mechanisms of radiation resistance and developing new treatment strategies.

#### 24. Radiation Toxicity

Radiation toxicity refers to the side effects and complications that can occur as a result of radiation therapy, including acute effects such as skin irritation, fatigue, and nausea, as well as late effects such as fibrosis, organ dysfunction, and secondary cancers. Radiation oncologists monitor and manage radiation toxicity to minimize its impact on patient quality of life.

#### 25. Treatment Planning Systems

Treatment planning systems are software programs used by radiation oncologists to design radiation therapy treatment plans for cancer patients. These systems incorporate patient-specific anatomy, tumor characteristics, dose constraints, and treatment objectives to optimize the dose distribution and ensure accurate delivery of radiation therapy. Treatment planning systems play a critical role in personalized cancer care.

#### 26. Monte Carlo Simulation

Monte Carlo simulation is a computational technique used in radiation therapy to simulate the transport of radiation particles through tissues and calculate the dose distribution in the patient. Monte Carlo simulations provide accurate dose calculations by modeling the interactions of radiation with matter at the atomic level, allowing radiation oncologists to optimize treatment plans and minimize uncertainties.

#### 27. Plan Optimization

Plan optimization is the process of adjusting the treatment plan parameters, such as beam angles, beam weights, and dose constraints, to achieve the desired dose distribution while meeting the treatment objectives. Plan optimization aims to maximize tumor control while minimizing normal tissue toxicity, taking

---

into account patient-specific factors and treatment goals.

#### 28. Plan Evaluation

Plan evaluation is the process of reviewing and analyzing the radiation therapy treatment plan to ensure that it meets the prescribed dose constraints, target coverage, and normal tissue sparing requirements. Plan evaluation involves assessing plan quality, dose distribution, and plan robustness to account for uncertainties in treatment delivery and patient anatomy.

#### 29. Plan Quality Metrics

Plan quality metrics are quantitative measures used to evaluate the quality of a radiation therapy treatment plan based on factors such as target coverage, dose conformity, dose homogeneity, and normal tissue sparing. Plan quality metrics help radiation oncologists compare different treatment plans, identify areas for improvement, and optimize treatment outcomes for cancer patients.

#### 30. Plan Robustness

Plan robustness refers to the ability of a radiation therapy treatment plan to maintain its quality and effectiveness despite variations in patient anatomy, tumor motion, and treatment delivery uncertainties. Plan robustness is essential to ensure consistent treatment outcomes and minimize the risk of underdosing the target or overdosing normal tissues during radiation therapy.

#### 31. Plan Optimization Objectives

Plan optimization objectives are specific goals set by radiation oncologists to guide the optimization process and achieve the desired dose distribution in the treatment plan. Optimization objectives include target coverage, dose conformity, normal tissue constraints, and plan robustness, balancing the competing priorities of tumor control and normal tissue sparing.

#### 32. Plan Evaluation Criteria

Plan evaluation criteria are predefined guidelines used to assess the quality and acceptability of a radiation therapy treatment plan based on dosimetric parameters, target coverage, and normal tissue constraints. Plan evaluation criteria help radiation oncologists objectively evaluate treatment plans, identify potential issues, and make informed decisions to optimize plan quality and patient outcomes.

#### 33. Plan Optimization Algorithms

Plan optimization algorithms are mathematical algorithms used by treatment planning systems to adjust treatment plan parameters and optimize the dose distribution to achieve the desired treatment objectives. Optimization algorithms employ iterative processes to find the optimal solution that balances target coverage and normal tissue sparing while meeting dose constraints and plan robustness criteria.

#### 34. Plan Evaluation Tools

Plan evaluation tools are software tools used by radiation oncologists to assess the quality and effectiveness of radiation therapy treatment plans based on dose distribution, target coverage, and normal tissue sparing.

---

Plan evaluation tools provide quantitative metrics, dose-volume histograms, and plan comparisons to help radiation oncologists make informed decisions and optimize treatment outcomes for cancer patients.

#### 35. Plan Robustness Analysis

Plan robustness analysis is a process used to evaluate the sensitivity of a radiation therapy treatment plan to uncertainties in patient setup, tumor motion, and treatment delivery errors. Plan robustness analysis helps radiation oncologists assess the plan's ability to maintain dose coverage and normal tissue sparing under varying conditions, ensuring consistent treatment outcomes and patient safety.

#### 36. Plan Quality Assurance

Plan quality assurance is the process of verifying and validating the accuracy and effectiveness of radiation therapy treatment plans before treatment delivery. Plan quality assurance involves checking plan parameters, dose calculations, and plan optimization results to ensure that the plan meets dosimetric criteria, target coverage requirements, and normal tissue constraints.

#### 37. Plan Documentation

Plan documentation refers to the comprehensive record of the radiation therapy treatment plan, including patient-specific information, tumor characteristics, treatment objectives, dose distribution, and plan optimization details. Plan documentation is essential for communication among multidisciplinary team members, treatment verification, and quality assurance purposes to ensure safe and effective treatment delivery.

#### 38. Plan Review Conference

Plan review conference is a multidisciplinary meeting involving radiation oncologists, medical physicists, dosimetrists, and radiation therapists to review and discuss radiation therapy treatment plans for cancer patients. Plan review conferences provide an opportunity to evaluate plan quality, address clinical considerations, and make collaborative decisions to optimize treatment outcomes and patient care.

#### 39. Plan Modification Process

Plan modification process is the procedure used to revise and update radiation therapy treatment plans based on changes in patient anatomy, treatment response, or clinical considerations. Plan modification may involve adjusting beam parameters, dose constraints, or plan optimization objectives to optimize treatment delivery and achieve the desired treatment goals.

#### 40. Plan Iteration Cycle

Plan iteration cycle is the iterative process used in radiation therapy treatment planning to refine and optimize treatment plans based on feedback from plan evaluation, plan modification, and plan review. Plan iteration cycles involve adjusting plan parameters, optimizing the dose distribution, and reevaluating plan quality to achieve the best possible treatment outcomes for cancer patients.

#### 41. Plan Complexity Index (PCI)

PCI is a metric used to quantify the complexity of radiation therapy treatment plans based on the number of treatment fields, beam angles, segments, and dose modulation. PCI helps radiation oncologists assess plan complexity, predict plan deliverability, and optimize treatment efficiency while maintaining plan quality and patient safety.

#### 42. Plan Delivery Verification

Plan delivery verification is the process of confirming that the radiation therapy treatment plan is accurately and safely delivered to the patient as intended. Plan delivery verification involves pre-treatment checks, in-vivo dosimetry, and patient monitoring to ensure that the prescribed dose is delivered to the target while minimizing the risk of underdosing or overdosing healthy tissues.

#### 43. Plan Delivery Monitoring

Plan delivery monitoring is the real-time monitoring of the radiation therapy treatment delivery to ensure that the prescribed dose is accurately and safely delivered to the patient. Plan delivery monitoring may involve imaging guidance, motion tracking, and dose monitoring techniques to verify treatment accuracy, adjust the treatment plan as needed, and optimize treatment outcomes.

#### 44. Plan Adaptation Process

Plan adaptation process is the procedure used to modify the radiation therapy treatment plan during the course of treatment based on changes in patient anatomy, tumor response, or treatment delivery uncertainties. Plan adaptation may involve plan reoptimization, plan modification, or plan iteration to ensure that the treatment plan remains effective and safe for the duration of treatment.

#### 45. Plan Reoptimization Strategies

Plan reoptimization strategies are techniques used to adjust and optimize the radiation therapy treatment plan in response to changes in patient anatomy, tumor response, or treatment delivery errors. Reoptimization strategies may involve plan adaptation, plan modification, or plan iteration to maintain plan quality, target coverage, and normal tissue sparing throughout treatment.

#### 46. Plan Modification Guidelines

Plan modification guidelines are predefined criteria and protocols used to guide the process of revising and updating radiation therapy treatment plans based on changes in patient anatomy, tumor response, or clinical considerations. Plan modification guidelines help radiation oncologists make informed decisions, ensure plan quality, and optimize treatment outcomes for cancer patients.

#### 47. Plan Iteration Protocol

Plan iteration protocol is a structured procedure used in radiation therapy treatment planning to systematically refine and optimize treatment plans through multiple cycles of plan evaluation, plan modification, and plan review. Plan iteration protocols help radiation oncologists streamline the planning process, improve plan quality, and achieve the desired treatment goals for cancer patients.

#### 48. Plan Complexity Management

Plan complexity management refers to the strategies and techniques used to optimize radiation therapy treatment plans while minimizing plan complexity and deliverability challenges. Plan complexity management involves balancing treatment objectives, dose constraints, and plan parameters to achieve the best possible treatment outcomes for cancer patients within practical and clinical constraints.

#### 49. Plan Delivery Optimization

Plan delivery optimization is the process of optimizing the radiation therapy treatment delivery to ensure accurate and efficient delivery of the prescribed dose to the patient. Plan delivery optimization involves positioning verification, motion management, and treatment guidance techniques to minimize treatment errors, maximize treatment accuracy, and improve patient safety during radiation therapy.

#### 50. Plan Adaptation Strategies

Plan adaptation strategies are approaches used to modify and optimize radiation therapy treatment plans during the course of treatment based on changes in patient anatomy, tumor response, or clinical considerations. Adaptation strategies may involve plan reoptimization, plan modification, or plan iteration to ensure that the treatment plan remains effective and safe for the duration of treatment.

#### 51. Plan Reoptimization Guidelines

Plan reoptimization guidelines are predefined criteria and protocols used to guide the process of adjusting and optimizing radiation therapy treatment plans in response to changes in patient anatomy, tumor response, or treatment delivery uncertainties. Reoptimization guidelines help radiation oncologists make informed decisions, ensure plan quality, and optimize treatment outcomes for cancer patients.

#### 52. Plan Modification Protocols

Plan modification protocols are structured procedures used to revise and update radiation therapy treatment plans based on changes in patient anatomy, tumor response, or clinical considerations. Plan modification protocols provide guidelines for plan adaptation, plan reoptimization, and plan iteration to maintain plan quality, target coverage, and normal tissue sparing throughout treatment.

#### 53. Plan Iteration Guidelines

Plan iteration guidelines are predefined criteria and protocols used to guide the iterative process of refining and optimizing radiation therapy treatment plans through multiple cycles of plan evaluation, plan modification, and plan review. Iteration guidelines help radiation oncologists streamline the planning process, improve plan quality, and achieve the desired treatment goals for cancer patients.

#### 54. Plan Complexity Assessment

Plan complexity assessment is the evaluation of the complexity of radiation therapy treatment plans based on factors such as the number of treatment fields, beam angles, segments, and dose modulation. Plan complexity assessment helps radiation oncologists quantify plan complexity, predict deliverability

challenges, and optimize plan efficiency while maintaining plan quality and patient safety.

#### 55. Plan Delivery Verification Criteria

Plan delivery verification criteria are predefined guidelines used to assess the accuracy and safety of radiation therapy treatment delivery based on pre-treatment checks, in-vivo dosimetry, and patient monitoring. Delivery verification criteria help ensure that the prescribed dose is delivered to the target while minimizing the risk of underdosing or overdosing healthy tissues during treatment.

#### 56. Plan Delivery Monitoring Techniques

Plan delivery