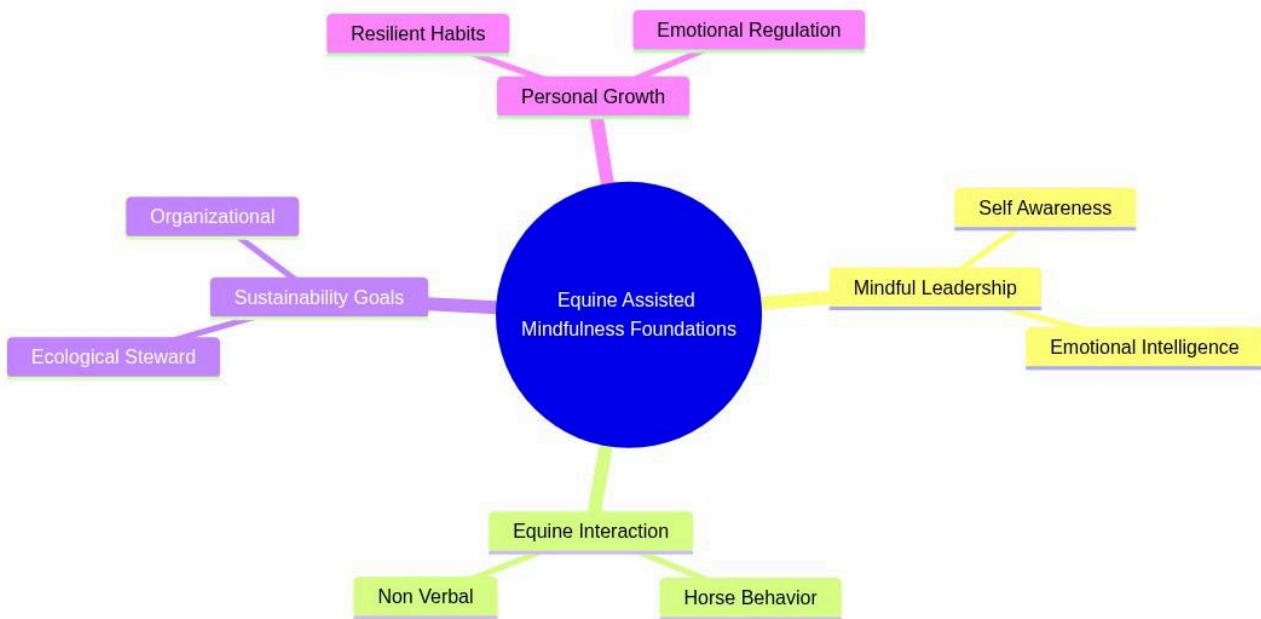


Executive Certificate in Sustainable Equine Assisted Mindfulness

Equine Assisted Mindfulness Foundations



mindmap

```
root((Equine Assisted Mindfulness Foundations))
  Mindful Leadership
    Self Awareness
    Emotional Intelligence
  Equine Interaction
    Horse Behavior
    Non Verbal
  Sustainability Goals
    Ecological Steward
    Organizational
  Personal Growth
    Resilient Habits
    Emotional Regulation
```